

**JSKE Shotokan Open Championships, Saturday 22<sup>nd</sup> June 2024**  
**Categories and Rules of Entry**

**CLOSING DATE FOR ENTRIES FRIDAY 7<sup>TH</sup> JUNE 2024 using Entry Form:**  
<https://jske.co.uk/wp-content/uploads/2024/05/JSKE-Open-2024-Entry-Form.xlsx>

**Kata**

**9<sup>th</sup> – 4<sup>th</sup> kyu grades (ORANGE to PURPLE/WHITE BELT)**

1. Children's kata (6-9 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
2. Children's kata (10-12 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
3. Children's kata (13-15 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
4. Children's kata (6-9 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
5. Children's kata (10-12 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
6. Children's kata (13-15 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
7. Male kata (16+ yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
8. Male kata (16+ yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
9. Female kata (16+ yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
10. Female kata (16+ yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)

9 <sup>th</sup> kyu	Orange belt
8 <sup>th</sup> kyu	Red belt
7 <sup>th</sup> kyu	Yellow belt
6 <sup>th</sup> kyu	Green belt
5 <sup>th</sup> kyu	Purple belt
4 <sup>th</sup> kyu	Purple / White belt

**Kumite**

Sanbon kumite (**three** step sparring)

Kihon ippon kumite (**one** step sparring)

11. Boys sanbon kumite (6-9 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
12. Boys sanbon kumite (10-12 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
13. Boys sanbon kumite (13-15 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
14. Boys kihon ippon kumite (6-9 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
15. Boys kihon ippon kumite (10-12 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
16. Boys kihon ippon kumite (13-15 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
17. Girls sanbon kumite (6-9 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
18. Girls sanbon kumite (10-12 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
19. Girls sanbon kumite (13-15 yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
20. Girls kihon ippon kumite (6-9 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
21. Girls kihon ippon kumite (10-12 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
22. Girls kihon ippon kumite (13-15 yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
  
23. Male sanbon kumite (16-18yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
24. Male sanbon kumite (19+yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
25. Male kihon ippon kumite (16-18yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
26. Male kihon ippon kumite (19+yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
27. Female sanbon kumite (16-18yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
28. Female sanbon kumite (19+yrs) orange/red/yellow (9<sup>th</sup>-7<sup>th</sup> kyu)
29. Female kihon ippon kumite (16-18yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)
30. Female kihon ippon kumite (19+yrs) green/purple/purple-white (6<sup>th</sup>-4<sup>th</sup> kyu)

See notes to this section.

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## **NOTES - ORANGE to PURPLE/WHITE BELT**

**Please note:**

1. The **age and / or grade** of a competitor must be as of the closing date for entries – **Friday 7<sup>th</sup> June 2024** and **not** the date of the championships. **PLEASE CHECK THESE DETAILS BEFORE ENTERING YOUR STUDENT.**
2. If there are not enough entries in any category, the competitors will be moved to the next appropriate category.

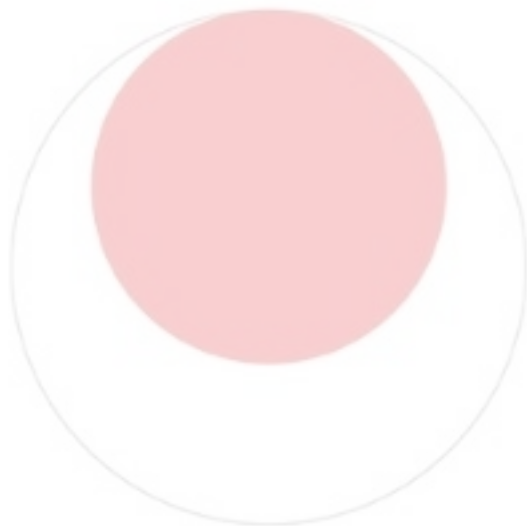
**Rules of Kata**

- **Kata 9th-7th kyu** – Eliminations: Kihon Kata to last 4 - flag system. Finals: any kata – points system.
- **Kata 6th-4th kyu** – Eliminations: Heian Shodan or Heian Nidan to last 4 - flag system. Finals: any kata not Heian Shodan or Heian Nidan – points system.

**Rules of Kumite**

- Sanbon kumite (**three** step sparring) = Aka jodan oi-zuki, Shiro jodan oi-zuki, Aka chudan oi-zuki, Shiro chudan oi-zuki
- kihon ippon kumite (**one** step sparring) = Aka jodan oi-zuki, chudan oi-zuki and mae geri then Shiro jodan oi-zuki, chudan oi-zuki and mae geri (right side only, but if competitors' draw, then left side).

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**JAPAN**  
**SHOTOKAN KARATE**  
**ENGLAND**

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**Kata**

**3rd kyu grades and above (BROWN and BLACK BELT)**

31. Boys individual kata 7-9 yrs
32. Boys individual kata 10-12 yrs
33. Boys individual kata 13-15 yrs
34. Girls individual kata 7-9 yrs
35. Girls individual kata 10-12 yrs
36. Girls individual kata 13-15 yrs
37. Male individual kata 16-20 yrs
38. Male individual kata 21-39 yrs
39. Male individual kata 40+ yrs
40. Female individual kata 16-20 yrs
41. Female individual kata 21-39 yrs
42. Female individual kata 40+ yrs

3 <sup>rd</sup> kyu	Brown belt
2 <sup>nd</sup> kyu	Brown / White belt
1 <sup>st</sup> kyu	Brown / 2 Whites belt

**Kumite:**

Jiyuu ippon kumite (**semi free** sparring) = Aka jodan oi-zuki, chudan oi-zuki & mae geri then Shiro jodan oi-zuki, chudan oi-zuki & mae geri)

Jiyuu kumite (**free** sparring)

43. Boys individual jiyuu ippon kumite 7-9 yrs
44. Boys individual jiyuu ippon kumite 10-12 yrs
- Either 45. Boys individual jiyuu ippon kumite 13-15 yrs **up to shodan**
- Or 46. Boys individual jiyuu kumite 13-15 yrs
47. Girls individual jiyuu ippon kumite 7-9 yrs
48. Girls individual jiyuu ippon kumite 10-12 yrs
- Either 49. Girls individual jiyuu ippon kumite 13-15 yrs **up to shodan**
- Or 50. Girls individual jiyuu kumite 13-15 yrs
- Either 51. Male individual jiyuu ippon kumite 16-18 yrs **up to shodan**
- Or 52. Male individual jiyuu kumite 16-18 yrs
- Either 53. Male individual jiyuu ippon kumite 19-39 yrs **up to shodan**
- Or 54. Male individual jiyuu kumite 19-39 yrs
- Either 55. Male individual jiyuu ippon kumite 40+ yrs **up to shodan**
- Or 56. Male individual jiyuu kumite 40+ yrs
- Either 57. Female individual jiyuu ippon kumite 16-18 yrs **up to shodan**
- Or 58. Female individual jiyuu kumite 16-18 yrs
- Either 59. Female individual jiyuu ippon kumite 19-39 yrs **up to shodan**
- Or 60. Female individual jiyuu kumite 19-39 yrs
- Either 61. Female individual jiyuu ippon kumite 40+ yrs **up to shodan**
- Or 62. Female individual jiyuu kumite 40+ yrs

See notes to this section.

# JSKE Shotokan Open Championships, Saturday 22<sup>nd</sup> June 2024

## Categories and Rules of Entry

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## NOTES - BROWN and BLACK BELT

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1. The **age and / or grade** of a competitor must be as of the closing date for entries – **Friday 7<sup>th</sup> June 2024** and **not** the date of the championships. **PLEASE CHECK THESE DETAILS BEFORE ENTERING YOUR STUDENT.**
2. If there are not enough entries in any category, the competitors will be moved to the next appropriate category.
3. Up to Shodan can choose either jiyuu ippon kumite or jiyuu kumite, **but not both**. Nidan and above **cannot** choose jiyuu ippon kumite.

### Rules of Kata

- **Ages 7-15** up to best 4 will be Heian 1 to 5 and Tekki Shodan - flag system
- For the final, kata will be from Bassai-Dai, Kanku-Dai, Jion, Enpi, Hangetsu, Tekki Nidan, Tekki Sandan, Gankaku and Jitte - point system
- **Ages 16+** up to best 8 will be Heian 2 to 5 and Tekki Shodan - flag system
- **For semi-finals** (best 8) will be from Bassai-Dai, Kanku-Dai, Jion, Enpi - point system
- **Finals** will consist of best 4 and choice of any kata (must be different kata from the one performed in the semi-final) - points system

### Rules of Kumite

- Jiyuu ippon kumite (semi free sparring) = Aka jodan oi-zuki, chudan oi-zuki & mae geri then Shiro jodan oi-zuki, chudan oi-zuki & mae geri)
- Contestants must have their own protection gear: mitts, gum shield, chest protectors (for ladies) are compulsory for all jiyuu ippon kumite (jodan oi-zuki, chudan oi-zuki & mae geri) and jiyuu kumite. Groin protectors are recommended for males. Mitts must be approved (**WHITE ONLY no thicker than 1.5cm**).
- Contestants who wear contact lenses must re-attach replacement lenses within 2 minutes if the lenses come out during a match.
- Contestants wearing glasses must ensure they are plastic. Glasses cannot be worn during jiyuu kumite.

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